



OUTSIDE da BOX

DISCUSSION GUIDE

VOCARÉ :: DVD VOLUME 3 :: 2007



FILM SHORT:

# MIND. BODY. SOUL?

## RELATED SCRIPTURE PASSAGES:

### Knowing God:

Philippians 3:7-11;  
Matthew 11:27-30

### Priorities:

Genesis 1:1;  
Matthew 6:33;  
Luke 9:59-62;  
Luke 10:38-42;  
Matthew 6:19-21

## RELATED CATECHISM OF THE CATHOLIC CHURCH REFERENCES:

### Prayer:

2697 (Look at the Catechism paragraphs 2700–2724. It describes three forms of prayer: vocal, meditative, and communicative. Good stuff!)

### Responding to God's Call to Be With Him:

2088, 2090, 2093-2094

### Idolatry:

2110, 2113-2114

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## SYNOPSIS

School, friends, athletics, internet, work, band, family, responsibilities, theater... Just how much time do you take to develop your relationship with the Lord?

## SUGGESTED USES FOR THIS VIDEO

- ✠ Use this film at the beginning of the school year to help set priorities before life speeds-up.
- ✠ You can also use it after the first of the year when people tend to set new priorities and make goals for themselves.

## QUESTIONS FOR DISCUSSION

1. Can you relate to either of the characters in the film?
2. How busy is your life? What kind of demands do you have on your time?
3. What is idolatry? Would any of the demands on your time qualify as idolatry?
4. Do you wish you could change that?
5. Is there anything you can eliminate?
6. How does your busyness affect your relationship with God? When do you spend time with him? Is it enough time or only what you can spare?
7. What do you do when you're spending time with God?
8. What effect would it have on your life to carve out more time to spend with the Lord? Would it require any sacrifice on your part? How do you feel about that?
9. Do you believe God wants your full attention for at least some part of everyday? If not, why not? If so, are you giving him that time?
10. Is going to church on Sunday giving God enough time?
11. Has this film caused you to rethink what kind of time you spend with the Lord?
12. What can you do to make sure your relationship with the Lord doesn't get shoved into a corner?